

Travel with true peace of mind

If you get sick or hurt abroad, you're covered.



Whether you're traveling for work or pleasure, your health benefits apply to **emergency and urgent medical care outside the United States** — so you can enjoy your trip without worrying about what-ifs.

No referrals or
precertifications
needed.

**In-network
coverage** keeps
costs low.

File claims fast
online or in app.



If you need emergency or urgent care abroad:

1. Get the care you need.

- Seek treatment at the nearest hospital or urgent care center.
- If it's an emergency, go straight to the emergency room/department.
- Referrals and precertification are waived in emergency and urgent situations.

2. Pay upfront, keep receipts.

- You may be asked to pay at the time of treatment.
- Keep all receipts, itemized bills and medical records.

3. Submit a claim.

- Send your claim to the address on the back of your Aetna® ID card, or log in at [Aetna.com](https://www.aetna.com).
- Include your completed claim form, itemized bills and any medical records related to your visit.

4. Get reimbursed at the in-network benefit level.

3 easy travel tips



Keep your Aetna ID card with you at all times.



Download the Aetna HealthSM app for digital ID access and easy claim submission.

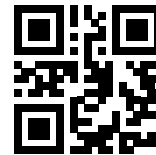


Make copies or digital backups of important travel documents.

Stay healthy before you go

Your plan covers key vaccines and preventive care. Get up to date on the COVID-19 and flu shots, along with any other recommended immunizations for your age, health status and travel destination.

Plan ahead — check your coverage today



For more information, log in to your member website at [Aetna.com](https://www.aetna.com) or scan the QR code. Or call your Aetna Service Advocate at [1-888-402-1229](tel:1-888-402-1229) (TTY: 711).

Policies and plans are insured and/or administered by Aetna Life Insurance Company or its affiliates (Aetna).

Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Refer to [Aetna.com](https://www.aetna.com) for more information about Aetna plans.

[Aetna.com](https://www.aetna.com)

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