

Meet your Truist Orlando care team.

We're here to provide you a higher level of care.



Physician Assistant

Sindhu Jayaram, PA-C, MBA

Sindhu provides primary care services for our Orlando members. She earned her master's degree in physician assistant studies from Arcadia University. Her clinical interests include dermatology, family medicine, internal medicine and preventive care.

Outside of work, Sindhu enjoys traveling, trying new eateries and spending time with her two dogs.



Health Center Manager

Kevin Folsomtrexler, RN

Kevin leads our health center operations. He earned his nursing degree from Galen College of Nursing and is pursuing a master's degree in healthcare management at Louisiana State University Shreveport. Kevin specializes in emergency care.

Outside of work, Kevin enjoys traveling, being with loved ones and spending time on the water.



Behavioral Health Specialist

Keeanna Powell, LMHC, LPC

Keeanna has a master's degree in professional counseling. She's passionate about helping individuals navigate grief, loss and life transitions — while also guiding them toward healing and renewed purpose. She enjoys providing person-centered compassionate care.

Outside of work, Keeanna likes to travel, go to the beach and spend time with loved ones.



7455 Chancellor Dr., Suite 11700
Orlando, FL 32809

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Monday – Thursday, 7:30 a.m. – 5 p.m.
Friday, 8 a.m. – 12 p.m.
(407) 762-7108



Certified Clinical Medical Assistant
Karla Quintero, MA

Karla is a medical assistant with an associate's degree in human health services. She has a special interest in social work and helping teenagers struggling with addiction.

When Karla isn't working, she enjoys playing video games and spending time with her wife and her dog, Thor.



Virtual Registered Dietitian
Ingrid Hill, MS, RDN, LD, CSOWM

Ingrid earned her master's degree in health education with a nutrition emphasis at Georgia State University. She's a board-certified specialist in obesity and weight management. Ingrid also specializes in diabetes and pre-diabetes management, vegetarian diets and meal planning.

When Ingrid isn't working, she enjoys spending time outdoors, hiking Georgia trails with her husband and walking her dog, Rip.

To schedule a virtual nutrition visit, call **(404) 813-0976** or go to **My Premise Health**.



= Onsite & virtual appointments available



= Virtual appointments only



Schedule an Appointment.
My Premise Health app
mypremisehealth.com

Who can use these services?
Health center services available for all
Truist part-time and full-time teammates.