



GuidanceResources®

GuidanceConnectSM

Anytime Access to Counseling Services

GuidanceResources® Online and the GuidanceConnectSM feature make it even easier to schedule counseling, whenever and wherever you need it, from your home, office or anywhere else you have computer access. Offered as an alternative to dialing your toll-free EAP phone number, GuidanceConnectSM puts our unparalleled network therapist at your fingertips, allowing you to choose how, when and with whom you receive counseling.

To get started:

Log on to guidanceresources.com using your user name and password.

Once on the homepage, you'll find the **Connect to Care** menu

Click **Find a Therapist** with GuidanceConnectSM for a list of network counselors that suit your needs and location.

- After clicking, a brief overview screen will appear.
- Click **Continue** and you will be taken to a page with a short series of questions intended to narrow the list of counselors to those suitable to your needs.
- Once you've answered all the questions, a list of therapists will appear. Use the list to view their profiles and then select your choice. GuidanceConnectSM allows for immediate appointment scheduling and/or review of counselor options within the platform

Easy Access

Whether you're looking for in-person, telephone, or video counseling, need assistance with a work-life issue, or are seeking other services provided by your Employee Assistance Program, you can find it on GuidanceResources® Online. Check it out today at guidanceresources.com.

COMPSYCH®
GuidanceResources® Worldwide

TRUIST 



24/7 Live Assistance:
Call: 877.369.1785
TRS: Dial 711



Online: guidanceresources.com
App: GuidanceNowSM
Web ID: TRUISTCARES

